



Oak Meadow Primary School Weekly Newsletter

Friday 26th January 2024 - Issue 17

A Message from Mr. Lane...

As I begin to write, I find it hard to believe that this will be the last newsletter for January – where has this month gone! The Oak Meadow children continue to show just how amazing they are every day and I am so appreciative of their hard work and outstanding attitude to learning supported by you, thank you. I am especially proud of Year 3 for their superb 'Rainforest' assembly this morning and how it reminded us to think about the world in which we live, taking care of the natural environment for the good of today and tomorrow. We are now looking forward to National Storytelling Week next week where children will again be encouraged to read for pleasure and enjoy where their imagination can take them. With Safer Internet Day in mind the following week, please find below safety tips for children using smart phones that I hope you find useful for discussion with your child. Take care everyone and have a lovely weekend.

Stars of the Week

- 1CB: Noah H & Grace H
- 1HB: Priya K
- 2BT: Sophie W
- 2H: Dylan S
- 3C: Archie V & Jaxxon H
- 3J: Annabelle H
- 4F: Olivia B
- 4T: Sophie M
- 5BC: Dontae R
- 5H: Florence B
- 6H: Jae'Quarne E
- 6W: Lucas B, Declan C & Layla M

We hope the parents/ carers of the above children can join us for this Monday's assembly to celebrate their award.

Upcoming dates for the diary

29th Jan to 2nd Feb – National Storytelling Week

29th Jan – Y4 and Y5 Digital Ambassador Training

5th – 11th Feb – Children's Mental Health Week

6th Feb – Safer Internet Day

9th Feb – Y2 Topic Assembly for Parents and Carers (8.50am)

12th – 16th Feb – HALF TERM

19th Feb - INSET Day

20th Feb – Children back in school

23rd Feb – Y4 swimming starts – please return your child's consent and medical form back to school if you haven't already done so.

27th – YR and Y1 Dental Checks

Communication

Our doors are always open whenever you need us and the main office number is 01902 558517.

The school email address is oakmeadowprimaryschool@wolverhampton.gov.uk

Also remember to check the school website and follow us on Twitter [@oakmeadow12](https://twitter.com/oakmeadow12)

Safeguarding Information

If you have any concerns about a child, please contact one of our designated safeguarding leaders (DSL):
Mr. Lane (Head of School);
Mrs. Parker-Thornton (Home/School Liaison Officer);
Miss. Tomlinson (SENDCo);
Miss. Billingsley (Assistant Headteacher).



Attendance and Punctuality

Thank you for making sure your child is in school every day and on time. Remember that our minimum attendance target for all children is **96%**.



Our combined whole school attendance for this week was **96.2%**

Make sure your child is an **Oak Meadow attendance HERO** (Here, Every day, Ready and On Time) by arriving between 8:35 and 8:45am each morning. Every minute counts over the school year:

5 minutes late each day = 3 days lost!

10 minutes late each day = 6.5 days lost!

15 minutes late each day = 10 days lost!

20 minutes late each day = 13 days lost!

30 minutes late each day = 19 days lost!

Class Attendance for this week

Reception and Key Stage 1

RB	91.3%
RT	97.3%
1CB	92%
1HB	95.2%
2BT	98.6%
2H	96%

Attendance HERO bear winners are class 2BT – well done!



Key Stage 2

3C	98.1%
3J	95.5%
4F	98%
4T	96.1%
5BC	98%
5H	96%
6H	96.7%
6W	98.1%

Attendance HERO bear winners are class 3C & 6W – well done!



From tiny acorns mighty oaks grow...





@Oak Meadow
Primary School

The Playscheme

Bringing you **Multi-sports**
and **Arts** EVERYDAY!

Fully qualified staff
(Degree in teaching or level 2
sports coaching, first aid and
enhanced DBS checked)

9:45am - 3:15pm
(Early drop-off
from 8:30am
available)

**Year 1
to
Year 6**

From only
£17
per day!

**FOR MORE INFO AND
TO BOOK GO TO:
www.theplayscheme.co.uk**



From tiny acorns **mighty oaks** grow...



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to have an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalonline.com for further guides, facts and tips for adults.

SMARTPHONE SAFETY TIPS

for young people

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You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings. Instead, talk to a trusted adult about what's happening and how it's making you feel.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it, if it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert

Dr Elly Bushnell is an online safety consultant, educator and researcher who has advised national governments and leading industry safety groups to help build the best online resources, policies and content that can help the digital generation prosper and thrive. She's also leading behaviour of young people in the UK, USA and Australia.



The National College



National Online Safety

#WakeUpWednesday

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 17.01.2023

From tiny acorns mighty oaks grow...



Have you and your children had their MMR vaccine?

Pop up vaccination clinics have been set up across the Black Country for children aged 5 and over and adults who have missed a dose.

Measles is a highly infectious disease which can lead to serious complications such as severe lung infections and inflammation of the brain. It also damages and suppresses the whole immune system, meaning children can be left much more susceptible to catching other illnesses.

Symptoms of measles include:

- high temperature
- runny or blocked nose
- sneezing
- cough
- red, sore, watery eyes
- rash, which usually appears a few days after cold-like symptoms (sometimes it starts around the ears before spreading to the rest of the body).

For details of where the clinics are, please see details attached or visit our website at blackcountry.icb.nhs.uk/measles



From tiny acorns **mighty oaks** grow...



MMR vaccine clinics

Sandwell:

Saturday 27 January, 9am-1.30pm, Wood Lane Community Centre,
Wood Lane, West Bromwich, B709PT.
To book an appointment call 0121 592 1110.

Walsall:

Saturday 27 January, 9am-1.30pm, South & Central Locality Hub,
Birchills Street, Walsall, WS2 8NF.
To book an appointment call 01922 902035.

Saturday 3 February, 9am-3pm, vaccination van located outside
Poundland/Pep&Co in Walsall Town Centre, Lower Hall Lane,
St Matthews Quarter, WS1 1PU.
Walk in, no appointment needed.

Wolverhampton:

Saturday 27 January, 10am-4pm, Park Village Education Centre,
Cannock Road, Wolverhampton, WV10 0RA.
Walk in, no appointment needed.

Saturday 27 January, 9am-3pm, vaccination van located at
Bilston Market, Pinfold Street, Wolverhampton, WV14 0DN.
Walk in, no appointment needed.



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