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6<sup>th</sup> November 2023

Dear Parents/Carers,

National Anti-Bullying Week is taking place from Monday 13<sup>th</sup> November to Friday 17<sup>th</sup> November. This week is coordinated by the Anti-Bullying Alliance and has the theme "Make a noise about bullying". The aim is to spread the message of acceptance, understanding and respect:

*'Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'.*

*It doesn't have to be this way.*

*Of course, we won't like everyone and we don't always agree, but we can choose respect and unity.*

*This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.*

*From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying.'*

Taken from [www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)

In a world that can sometimes feel like it's filled with negativity, one kind word can provide a moment of hope. It can be a turning point. It can change someone's perspective. It can change their day. It can change the course of a conversation and break the cycle of bullying. Best of all, one kind word leads to another. Kindness fuels kindness. It starts with one kind word. It starts today and we need your help to make it happen!

We want to spread positive messages of kindness and celebrate what makes us all unique by the **wearing of odd socks on Monday 13<sup>th</sup> November**. We hope that you will support this initiative and we look forward to seeing an amazing array of socks on the day

Thank you for supporting us in raising everyone's awareness of Anti-Bullying Week.



Yours Faithfully,

Mrs. Bristow and the Oak Meadow School Council.

From tiny acorns **mighty oaks** grow...

