

## Our Safeguarding Curriculum in Year 3



## Year 3 Core Knowledge

## Keeping safe - What should I know?

- Children should know that as people we experience a range of different emotions, and be able to identify
- Children should have an awareness of acceptable use of digital devices
- Children should know that each and every family is different and unique in its own way.

## Keeping safe - What will I know?

Throughout the year, children will develop their safequarding knowledge in a number of areas. Such areas include taking responsibility for their own diet and and how the impo routine.

#### Our school intent

Oak Meadow Primary School acknowledges the duty of care to safequard, protect and promote the welfare of children. We are committed to ensuring safequarding practice reflects statutory responsibilities, government quidance and complies with Wolverhampton Local Authority's requirements and best practice.

## Key facts

Children will know that each and every family is different, and the positive aspects of being a part of a family. Children will know that we have rules to keep us safe, and that there will be consequences if these are broken. Children will know that there are age-appropriate websites, and that they should always look at the age rating before going on

## Misconceptions

d food intake, knowing how to stay safe online w to report any concerns they may have, and cortance of exercise as a part of their daily		Throughout the year, children will learn that there is not just one way to deal with negative emotions, and will explore different methods of regulation which may benefit different individuals. Children will also learn that people they meet online may not be who they say they are, and		
	Key Sa feguo		n approach if they feel uncomfort	0 0
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Key Vocabulary	<u>Pictoral</u>	<u>Definition</u>
Benefit		An advantage or profit gained from something.
Intake	3000	An amount of food taken into the body.
Rights		That which is morally correct.
Responsibilities	25	The opportunity or ability to act independently and take decisions without authorisation.
Privacy	0,	A state in which one is not ob- served or disturbed by other people.
Concern		A worry.
Emotion		A strong feel- ing deriving fro m one's circum- stances, mood, or relationships with others.
De-escalate	1	Reduce the intensity of a situation.
Consequence		A result or effect, typically one that is unwelcome or unpleasant.



#### Online Safety

During both ICT and PSHE lessons, Year 3 children have the opportunity to identify a variety of suitable and unsuitable games and websites. They learn what the different age ratings of websites mean, and which ones are appropriate for them to be accessing. In addition to this, children learn about the 'SMART' acronym, learning how they can stay safe when speaking to others online, as well as who they can speak to if they have any concerns.

#### The importance of rules

As a part of transition, children discuss the importance of having rules within the classroom to keep both themselves and others safe. In addition to this, during PSHE lessons, they learn about the reasons for rules in wider society, as well as the consequences that may occur if these rules are broken.

#### Emotional wellbeing

Throughout the year, children learn a variety of strategies to benefit their mental health and emotional wellbeing. They learn how to identify both positive and negative emotions in themselves and others, as well as the root cause of such feelings. Following this, they discuss a number of strategies to de-escalate more negative emotions.

#### Physical health and well-being

Within Year 3, as part of our science, PE and PSHE curriculum, children learn about the importance of maintaining a healthy lifestyle through a balanced diet and regular exercise. Children learn about, and make their own, 'Eatwell Plate' understanding different food groups and the impact of these on our body.

Following this, they learn about the importance of physical activity, which they link to their scientific knowledge. They recognise that movement is important for our muscles, and helps both our physical and mental wellbeing.

# Safeguarding - Year 3

#### Rights and responsibilities

Children discuss a variety of rights and responsibilities which each and every one of us should have. Included within these rights are the right to a name, respect, a safe home, cleanliness, food and water. As well as discussing our own rights, we also discuss our responsibilities to keep those around us safe, through showing them respect and kindness.



#### Family Relationships

During PSHE lessons, children discuss the importance of developing good relationships with their family. They have the opportunity to share with their peers the things that their family en joys doing together, as well as identifying acceptable and unacceptable behaviours to help keep themselves safe. In addition to this, children acknowledge the importance of sharing with a trusted adult if they have any worries or concerns.

#### Personal Privacy

During ICT lessons, children will learn about which personal details should not be shared with others, especially strangers. They learn about using alternative names when playing online games, and the importance of not revealing their home address or any personal details to people they are not familiar with.