

Our Safeguarding Curriculum in Year 1

Year 1 Core Knowledge

Keeping safe - What should I know?

- Children should be aware of the definition of a stranger and not to talk to them.
- Children should know that they should not share food or eat anything given to them by anyone other than their parents/people they know.

Keeping safe - What will I know?

- Understand the importance of our own and others privacy.
- Understand the importance of seeking permission.
- Developing knowledge of how behaviour affects others.
- Securing the knowledge of the importance of having rules.
- Keeping safe online.

Our school intent

Oak Meadow Primary School acknowledges the duty of care to safeguard, protect and promote the welfare of children. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with Wolverhampton Local Authority's requirements and best practice.

Key facts

- The Highway Code
- Stranger Danger
- Underwear Rule

Misconceptions

- Every adult is nice, caring and will help you.
 - People tell the truth online.
 - I can eat and drink anything I want

Key Vocabulary	Pictorial	Definition
Private		Only for certain people.
Permission		Being told yes, it is ok to do something.
Uncomfortable		Not feeling comfy, an unpleasant feeling.
Safety		Ways to protect yourself and others.
Online		Connected to the internet.
Hygiene		Keeping clean.
Care and safety		Things people do to protect themselves or others from harmful accidents.
Concern		Anxious, worry.
Behaviour		How a person acts through their actions.
Family		People connected by a strong emotional bond.
Respectful		Being kind and polite to others. Looking after objects.

Key Safeguarding Knowledge Pictorial

	NSPCC Pants - Pantosaurus 	Different rules for different activities
	Healthy lifestyle 	People who will help me

Online Safety

Online safety is an important message that is relayed across the year. As well as taking part in Internet Safety Day and dedicated online safety lessons in PSHE, children are continually reminded of the importance of stop, close and tell if they see something they are unsure of. They are also taught about how to stay safe online eg. not giving out personal information or who to speak to if something upsets them.

Physical health and well-being

Within Year 1, as part of our PSHE curriculum, children learn about what healthy and unhealthy food is and the importance of not having too much sugar. They learn that a healthy lifestyle can be had through a balanced diet and regular exercise. We look at fruit and vegetables in our Science lessons and relate this to being part of our healthy diets. We take part in weekly PE lessons to encourage good physical health.

PSHE lessons also include knowing about getting a good night's sleep.

Safety

As part of our PSHE curriculum children learn about keeping safe in different situations such as sun safety, stranger danger, road safety, fire safety and online safety.

Children are taught how to call the emergency services when needed and who is a safe person to go to if they are out and about.

Safeguarding - Year 1

Assemblies

At the start of the school year, an assembly is shared with the children from the NSPCC's 'Speak Out, Stay Safe' campaign. Other assemblies include 'Anti Bullying Week', 'Internet Safety', 'Mental Health and Wellbeing' and 'Health Week'. Each week, there is a well-being assembly within classrooms and in our year group we provide opportunities for the children to share news and achievements.

Emotional Wellbeing

Through PSHE lessons and class assembly times, children are given opportunities to discuss their emotions and feelings. In Year 1 we explore what a variety of emotions are, what can make us feel that way, how it makes us feel/act, how this can impact upon those around us and strategies to deal with them. We also discuss the people who are there to help us when we need support. Emotions such as anger, loss and anxiety are given as much time as needed for the children to fully process, understand and ask questions.

Behaviours

At the beginning of the year, rules and behavioural expectations are clearly established for all pupils. Children are involved in the rule making process so they take ownership and responsibility for their own actions and behaviours.

We follow the behaviour policy and use the Good to be Green scheme and use tokens, privilege cards and stickers to reward children.

British Values

Intrinsically weaved into our curriculum are the core British Values. Children learn about these through stories, PSHE, RE lessons and assemblies. Within our PSHE learning children learn of their roles and responsibilities in their family, friendships, school and society.