

Our Cultural Capital Journey

More than me

									
Help the elderly	Make a donation to charity	Go litter picking	Support a fundraising event	Visit a new place of worship	Learn from a visiting adult	Learn from an inspirational person	Explore nature	Help support younger children in school	Complete a random act of kindness

Healthy body, Healthy mind

									
Try a new food	Go swimming	Join a club	Climb a tree	Play a new playground game	Walk in the park	Try meditation	Try Yoga	Host a healthy picnic	Play a new sport






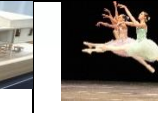




I see, I wonder

									
Visit the Library	Visit a museum	Discover what's going on in our world	Learn a new language	Watch a performance	See a sporting event	Go camping	Build a den	Learn British Sign Language	Ride on public transport

Rise to the challenge

									
Compete in a TTRS Battle	Receive an achievement award	Complete the daily mile	Bake a cake	Achieve full marks in a spelling test	Achieve a Gold certificate	Go on a hike	Build a rocket	Improve our handwriting	Achieve a gold token

Express yourself

									
Learn a new instrument	Write and perform a poem	Keep a diary	Showcase a talent	Build a model	Learn a new dance	Sing in an assembly	Draw a self portrait	Complete a home project	Create your own digital art

From tiny acorns mighty oaks grow...



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