

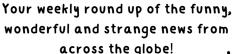
# HAPPY NEWS

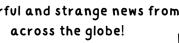




#### First child-friendly city

Cardiff has been named the UK's first child-friendly city. The capital city was given the award by Unicef, an aid organisation that supports children around the world. As part of the award, Cardiff council has committed to championing the rights of children and young people, by introducing a number of projects to ensure children's voices are heard and part of local decisions.











country in the world for six years running - and now they have picked their happiest person! The "Most Positive Person" title has gone to Ella Kanninen, a writer and TV host. Ella says she thinks the country's love of nature and simple things is the reason why they are so happy. She said: "I'm just extremely happy to be alive! Every day is a possibility for an adventure."







## A whale of a time!

Whales around the world have been seen playfully throwing seaweed on their heads to wear as hats. Scientists in Australia have been studying the unusual behaviour and found that whilst it has some uses, such as helping to keep them clean, they mainly just do it for fun!





### Unhelpful emotions are helpful, says study

A new study has shown that emotions usually considered unhelpful, such as anger, sadness and boredom, can be good for us. Scientists from Texas, USA, have discovered that anger can help us to achieve more challenging goals for example. The study shows that feeling a mixture of all emotions promotes wellbeing and that unhelpful emotions can be useful in certain situations.







### Dictionary completed after 140 years

Work began on the official Swedish language dictionary in 1883 and it has finally been completed - 140 years later! It contains 33,111 pages across 39 separate volumes. The work doesn't stop there however, as now the team who completed it must go back and add the 10,000 words that have entered the language since the work began! What modern day words do you think they will need to add?



