

# Our Safeguarding Curriculum in Year 6

## Year 6 Core Knowledge

### Keeping safe - What should I know?

In Year 6, children understand that they are part of a community. They understand that all people are different. They will begin to explore their aspirations for the future and how their bodies may change through puberty.

### Keeping safe - What will I know?

Children in Year 6 will have a varied safeguarding curriculum that spans many subjects. Children will know how to be safe and respectful when using digital devices and accessing online communication. There is a focus on developing their independence and acquiring knowledge that will allow them to assess risk and make healthy choices as they grow up.

## Our school intent

Oak Meadow Primary School acknowledges the duty of care to safeguard, protect and promote the welfare of children. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with Wolverhampton Local Authority's requirements and best practice.

## Key facts

Children learn how to be respectful for themselves and others and the importance of responsible behaviours and actions. They learn to understand the rights and responsibilities of others. They learn about keeping safe in different situations, including responding in emergencies and basic first aid skills. They also learn to identify occasions where they can help take responsibility for their own safety and to differentiate between positive risk taking (e.g. trying a challenging new sport) and dangerous behaviour.

## Misconceptions

It is difficult to talk to people about how I feel about issues that have arisen about keeping my self safe online, risk taking behaviour or unhealthy lifestyle choices.

Key Vocabulary	Pictorial	Definition
Prejudice		An opinion that is not based on reason or actual experience.
Stereotype		A widely held but fixed image or idea of a particular type of person or thing.
Discrimination		Discrimination means treating some people differently from others.
Privacy		Being free from public attention.
Healthy		In a good physical or mental condition.
Lifestyle		The way in which a person lives.
Social Media		Websites and apps that enable users to create and share content.
Sun exposure		The sun gives off rays of light that can help and harm us.
Risk-taking		The action of taking risks.
Peer pressure		Influence from members of your peer group.
Stress		Mental or emotional strain.
First Aid		Emergency care or treatment given.

## Key Safeguarding Knowledge Pictorial

Online safety 	Rights and Responsibilities 	First Aid 
Safe relationships 	Healthy Lifestyle 	Sun safety 

### Physical health and healthy lifestyle choices

Within Year 6, as part of our science, PE and PSHE curriculum, children learn about the importance of maintaining a healthy lifestyle through a balanced diet and regular exercise. Children gain understanding of different food groups and the impact of these on our body. They also learn about the effects of healthy and unhealthy choices with regards to diet, smoking and drinking alcohol.

In PSHE, Year 6 learn about the importance of sleep and strategies to help cope with stress and keeping calm.

### Sun Safety

In PSHE, Year 6 learn about the benefits of being outdoors and in the sun for physical and mental health. They learn how to manage risk in relation to sun exposure, including skin damage and heat stroke.

### First Aid

Year 6 learn how to deal with common injuries using basic first aid and how to respond to an emergency when and how to contact different emergency services.

### Assemblies

At the start of the school year, an assembly is shared with the children from the NSPCC's 'Speak Out, Stay Safe' campaign. In February, the children also take part in Online Safety assembly. Each week, there is a well-being assembly within classrooms too.

## Safeguarding - Year 6

### SRE - Safe relationships

In PSHE, Year 6 learn how to recognise and manage pressure; consent in different situations. They compare the features of a healthy and unhealthy friendship and about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong. They learn strategies to respond to pressure from friends including online and how to assess the risk of different online 'challenges' and 'dares'. In addition, how to recognise and respond to pressure from others to do something unsafe or that makes them feel worried or uncomfortable.

### Online Safety

Year 6 learn about the benefits of safe internet use e.g. learning, connecting and communicating. They learn how and why images online might be manipulated, altered or faked. They can recognise when images might have been altered too. They learn why people choose to communicate through social media and some of the risks and challenges of doing so. They understand that social media sites have age restrictions and regulations for use (some media and online content is not appropriate for children). They learn how online content can be designed to manipulate people's emotions and encourage them to read or share things. They find out about sharing things online, including rules and laws relating to how to recognise what is appropriate to share online and how to report inappropriate online content or contact. Year 6 learn how to make sure strong passwords for secure information are created. They learn the importance of keeping privacy settings high to ensure security and ensure their devices are up-to-date with all the latest security software. They learn to be vigilant and not to click on untrusted links. They deepen understanding of consent ownership and data privacy..

### Rights and Responsibilities

Year 6, will learn about respect for themselves and others and the importance of responsible behaviours and actions. They learn to understand the rights and responsibilities as members of families, other groups and ultimately as citizens. They value the different groups and communities. They will differentiate between prejudice and discrimination and learn how to recognise acts of discrimination. They learn strategies to safely respond to and challenge discrimination and how to recognise stereotypes in different contexts and the influence they have on people's attitudes.

### Keeping safe

Year 6 learn about keeping safe in different situations, including responding in emergencies, first aid and FGM. They learn how to identify when situations are becoming risky, unsafe or an emergency. They also, learn to identify occasions where they can help take responsibility for their own safety to differentiate between positive risk taking (e.g. trying a challenging new sport) and dangerous behaviour. They will learn that female genital mutilation (FGM) is against British law and what to do and whom to tell if they think they or someone they know might be at risk of FGM.