	C.			Two C	hoice Menu	BEAL .		Added Plant Power
1 and a	aterlir	IK	Monday	Tuesday	Wednesday	Thursday	Friday	Vegan
Tee	Week One 09.01.23 30.01.23 27.02.23 20.03.23	Option 1	Macaroni Cheese	Beef Burger served in a bun served with jacket wedges	Roast Beef or Chicken served with roast or mashed potatoes	Sausage and mashed potato served with gravy	Breaded Fish served with chips and tomato sauce	Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (where advertised) - Bread freshly baked on site
		Option 2	Vegetarian meatballs in a tomato sauce	Vegetable burger in a bun and served with jacket wedges	Quorn Fillet served with roast or mashed potatoes	Vegetable sausage and mashed potato served with gravy	Pizza Pin Wheel served with chips and tomato sauce	
		Vegetables	Carrots Peas	Sweetcorn Mixed Salad	Cabbage Broccoli	Baked Beans , Spaghetti hoops	Baked Beans Peas	
		Dessert	Iced Sponge served with custard	Apple Flap Jack	Jelly & Fruit Salad	Vanilla shortbread	Peaches and Ice Cream	
100			Or a choice of Yoghurt & Fresh Fruit available daily					daily - Daily salad selection
	Week Two 16.01.23 06.02.23 27.02.23 06.03.23 27.03.23	Option 1	Macaroni Cheese	Ham & cheese Pizza served with Jacket wedges	Roast Chicken served with studding roast or mashed potato	Spaghetti Bolognaise	Fish Fingers served with chips and tomato sauce	ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a
		Option 2	Tuna Pasta	Cheese & tomato pizza served with Jacket wedges	Quorn fillet served with roast or mashed potato	Vegetable Bolognaise	Cheese & Bean Pasty served with chips and tomato sauce	
		Vegetables	Broccoli, Green Beans	Mixed Salad sweetcorn	Carrots Peas	Broccoli Sweetcorn	Baked Beans Peas	
		Dessert	Chocolate drizzle cake	Ice Cream & Fruit	Lemon drizzle cake	Jelly and Fruit	Fruity shortbread	
			Or a choice of Yoghurt & Fresh Fruit available daily					school lunch and has a food allergy
		All and the second second						or intolerance you
	Week Three 02.01.23 23.01.23 13.02.23 13.03.23	Option 1	Cheese & Ham Pizza Served with jacket wedges	Chicken Korma served with rice	Roast Turkey Served with roast or mashed potatoes, stuffing and gravy	Pork sausage hot dog served with jacket wedges Jacket wedges	Fish in batter served with chips and tomato sauce	will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross
		Option 2	Vegan sausage roll served with jacket wedges	Creamy vegetable pie	Vegetable wellington served with roast potatoes	Vegetable sausage hot dog served with jacket wedges	Cheese & Potato whirls served with chips and tomato sauce	
		Vegetables	Carrots Peas	Broccoli Cauliflower	Cabbage Carrots	Roasted vegetables	Baked Beans Peas	
		Dessert	Chocolate sponge served with chocolate sauce	Jelly & Mandarins	Fruity shortbread	Vanilla Sponge served with custard	Ice cream and fruit	
			Or a choice of Yoghurt & Fresh Fruit available daily					contamination.