



Let Us Play

[Let Us Play - Wolverhampton | Supporting local disabled children and their families \(lupwolverhampton.org.uk\)](http://lupwolverhampton.org.uk)

Provides craft, leisure and sport activities for children with Special Needs and Disabilities (SEND).



Also offer a twice monthly parents group which allows parents to meet whilst enjoying a craft activity, lunch or walk.



Often have spaces for siblings on our activities as we understand that shared sibling experiences build a close bond and shared memories.

Reach and Unite Outreach and Empowerment

RUOE are a Wolverhampton organisation offering after school and holiday clubs specifically for children and young people with SEND and SEMH.

Their activities include swimming, boxing, forest school, dance, water sports, camping and many more.

Funded places are available for low income families.

Website: [Local Childcare | Reach And Unite Outreach And Empowerment Cic | Wolverhampton \(ruoreachandunite.org\)](#)



HOLIDAY CLUB ACTIVITY
Holiday club activities vary each day and include indoor and outdoor fun such as boxing, dance, team building activities, water sports, camping, trips, forest school, creative sessions, and much more...

CONTACT US
07984591881/ 07954092466
Email: info@ruoreachandunite.org
Instagram: [@ruoe_afterschool_activityclub](#)
Facebook: Reach and Unite Outreach and Empowerment CIC



Reach and Unite
Outreach and Empowerment CIC

A PLACE FOR EVERY CHILD
Specialising in SEND & SEMH childcare

OPENING HOURS
Monday 3pm - 6pm - Boxing £7.00
Tuesday 3pm - 6pm - Dance £7.00
Wednesday 3pm - 6pm - Swimming £7.00
Thursday 3pm - 6pm - Forest school £7.00
Friday 3pm - 6pm - Paid activities £15.00
3pm - 6:30pm - Activity club £7.00
3pm - 6pm - Childcare £7.00
9am - 3pm - Holiday club £15.00

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Include Me Too ...invites you to have **TIMEOUT!**
 Make new friends, learn new things and have FUN!

Inclusion · Diversity · Equality · Adventures

Come and join us for Time Out activities for disabled children and young people aged 3 - 19 years old. They will be taking place on various dates during Summer Term.

Tues 26th July 22 Zip Wiring, Abseiling, Canoeing and lots of Fun at Woodlands Adventure 10.00am to 4.30pm Transport provided	Sun 7th Aug 22 Cinema 10.00am - 1.00pm
Thurs 29th Jul 22 Dinosaur Adventure Golf 10.00am to 1.00pm	Mon 8th Aug 22 Sailability 10.00am to 1.00pm Transport provided
Sat 9th Jul 22 Surfability Inclusive Surfing & Seaside Fun 9.00am to 7.00pm Transport provided	Tues 9th Aug 22 Rupert the Therapy Horse & Plant Pots Art 10.00am to 1.00pm (Wolverhampton Arts Centre)
Tues 2nd Aug 22 Bollywood Dancing & African Drumming 10.00am to 1.00pm (Wolverhampton Arts Centre)	Thurs 11th Aug Drayton Manor Theme Park 9.00am to 4.00pm Transport provided
Fri 5th Aug 22 Challenge Academy Nets Adventure & Ground Challenge 9.45am - 12.15pm	Fri 12th Aug 22 Circus Skills Fun 10.00am to 1.00pm (Wolverhampton Arts Centre)
Wed 3rd Aug 22 Safari Park 10.00am - 4.00pm Transport provided	

SOCIAL GROUP FOR DISABLED YOUNG PEOPLE AGED 13 YEAR TO 18 YEARS.
 This group enjoys regular activities and trips with their friends and making new friends.
 For further details contact our team on 07940 367753.
 'THINGS THEY LIKE TO DO AND PLACES THEY WOULD LIKE TO GO'

Supported by **BBC Children in Need**
 © BBC 2007 Reg. Charity England & Wales no. 800202 and Scotland no. SC039557

Please complete and return to Include Me TOO, Newhampton Arts Centre, Dunkley Street, Wolverhampton, West Midlands WV1 4AN. You can also email im2@includemetoo.org.uk or contact us on 07940 367753 to book a place by Monday 18th July 2022.
 (Please note places are limited so please book with us as soon as possible). THANK YOU

EMOTIONAL AND WELLBEING HOLISTIC SENSORY THERAPEUTIC SUPPORT

A NEW EMOTIONAL AND WELLBEING SUPPORT SERVICE FOR DISABLED CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES IS BEING LAUNCHED IN WOLVERHAMPTON

The service aims to help disabled children, young people and their siblings better understand and manage their emotions and feelings through a series of sensory and holistic interventions.

A range of resources will be provided including:

- IM2 Sensory Therapeutic POD with a range sensory and relaxation resources
- Yoga and meditation
- Grounding techniques
- Interactive workshops
- Creating sensory safe spaces

Families will need to register for this free service and places are limited due to the commitment required from each family to complete the programme.

For more information, contact the team 07940 367753 or email Mina Patel via im2@includemetoo.org.uk.

HeadStart, COMMUNITY FUND, CITY OF WOLVERHAMPTON COUNCIL

INCLUDEMETOO.ORG.UK @INCLUDEMETOO @IMTOO INCLUDEMETOOCHARITY

Include Me Too

Include Me TOO Our vision is a disability friendly, inclusive and safe society for all.

Supports disabled children, young people and their families from diverse range of backgrounds.

Provides activities for children including Canoeing, Zip wiring, Surfing, Tobogganing, Bollywood Dance sessions, Music sessions, Arts and Crafts, Yoga sessions, Theme Fun days, Cinema and theatre outings.

Also supports families through outreach programme, advocacy, training and workshops.



Give Us a Break

[Give Us a Break \(guab.uk\)](http://guab.uk)

Wolverhampton charity run by volunteers to provide activities for children and young people with severe and complex learning difficulties.

They offer a range of weekend and evening activities including crafts, baking, soft play, swimming, plus visits to farms, woodlands, theme parks and zoo's.

Find out more and how to join at <http://guab.uk/>



Animal Assisted Activities

WELLBEING WITH ANIMALS

Animal Assisted Activities are well-being sessions with Animals for Children & Young People with SEN needs or under 7's

HugglePets[®]
in the community



Huggle Pets in the Community

HugglePets in the Community provides Animal Assisted Therapy and Interventions for people who live with a mental health problem or special educational need.

Offers animal assisted therapy, intervention, activities, educational workshops and SEND stay and play sessions.

Website: [HugglePets in the Community](https://www.hugglepets.com)



Parkride with Midlands Mencap

Based at Sutton Park and Cannock Chase.

Free access to adapted and mainstream bikes.

No matter your age or ability.

Parkride runs every Monday and Wednesday
between 4pm and 6pm.

To book in at a session email parkride@midlandmencap.org.uk

Website: Parkride - Midland Mencap



parkride

Parkride



Join us for accessible cycling sessions across parks in the West Midlands.

Each session is 50 minutes long, between 11am - 3pm. Meet new people, use our inclusive bikes and trikes and have fun.

FREE

- West Park, Wolverhampton - 22nd Feb
- Tudor Grange, Solihull - 23rd Feb
- Mary Stevens Park, Stourbridge - 24th Feb
- Lightwoods Park, Smethwick - 25th Feb

All sessions must be pre-booked.



For more information:

☎ 0121 442 2944

✉ parkride@midlandmencap.org.uk



Sassy Sensory Surprises

Sassy Sensory Surprise offer fun sensory experiences for children and young people with SEND across Wolverhampton.

Sessions include Sensory calming, smile, gaming, swimming and sports to provide movement and exploration whilst stimulating the senses.

Website: <https://sassysensorysurprises.co.uk>



Wildside Activity Centre

[Wildside Activity Centre – All ages, all abilities reconnecting you to nature](#)

Situated in Whitmore Reans Wolverhampton, Wildside Activity Centre is an outdoor and environmental education centre.

Surrounded by differing natural habitats including woodland, meadow, grassland and waterside habitats in the adjacent canal. All of these provide exciting opportunities for outdoor learning.

Activities include narrowboat rides, den building, bat walks, canoeing, campfire, bug hunts and creative arts.



Sycamore Adventure

Adventure playground located in Old Park Farm Estate, Dudley.

Fully accessible outdoor playground including water play, sand play, trampolines, cycle path and woodlands.

Indoor club house includes a soft play lights sensory room, library, arts corner and games of table football and ping pong.

Sycamore Adventure schedule two weekly SEND specific sessions regularly host seasonal events throughout the year.

Website: [Play | Sycamore Adventure](#)



Monday 21st February
11am - 4pm : Family session

Tuesday 22nd February
10am - 4pm : SEND session

Wednesday 23rd February
11am - 4pm : Family session

Thursday 24th February
10am - 4pm : SEND session

Friday 25th February
11am - 4pm : Family session

UP
FAVOURITE
MAL

ANIMAL C
& ACTIVI

SAFARI
AVENGER HUNT

NO NEED TO
BOOK!
(JUST REGISTER ONLINE)

Sycamore Adventure

Plus, this half term for Easter and Spring themed activities including Easter crafts, Easter egg hunts, water play, soft play and more!

Monday 11th - Family - 11am-4pm
Tuesday 12th - SEND - 10am-4pm
Wednesday 13th - Family - 11am-4pm
Thursday 14th - SEND - 10am-4pm
Tuesday 19th - SEND - 10am-4pm
Wednesday 20th - Family - 11am-4pm
Thursday 21st - SEND - 10am-4pm
Friday 22nd - Family - 11am-4pm
Saturday 23rd - Family - 11am-2pm

for more information:



The Way Youth Zone

A youth-led, state of the art space for young people aged 8-19 (up to 25 with a disability) located in Wolverhampton.

Open 7 days a week providing activities including sports, arts, music production, boxing, teen gym, cooking, sewing, climbing wall and disability sensory room.

NEW!!!
DISCOVER ARTS AWARD PROGRAMME
OPEN TO JUNIORS AND SENIORS
10 WEEK COURSE
GAIN A QUALIFICATION

arts award



SEND family sessions occur weekly
Saturday 10.00am to 12.30pm.

Website: The Way Youth Zone

Call: 01902 328290

*The Way Youth Zone
School Street
WV3 0NR*

Gazebo Theatre

Gazebo Theatre offers children and young people of Wolverhampton theatre arts (including performance and puppetry), games and community activities.

Based in Bilston, with sessions across the city, Gazebo's offer includes youth clubs, drama clubs and community activities in a safe space for your child to be creative, make friends and have fun.

<https://www.facebook.com/Gazebotheatre/>

A promotional poster for Gazebo Theatre. The top half features a collage of photos: a young woman wearing headphones and speaking into a microphone, a group of young people in a hoodie, and a person in a blue uniform. The text is overlaid on a semi-transparent white box. The Gazebo logo is at the top, followed by the text: 'A Safe Space for 13-17 year olds to BE CREATIVE!', 'Every Wednesday 5 - 6.30pm at GAZEBO', 'Chancel Court, 2 Wellington Road, Bilston, WV14 6AA', 'FREE for Wolverhampton young people!', and 'Contact us to book your place on 01902 296199 or email info@gazebotheatre.com or just come along!*'.

GAZEBO

A Safe Space for 13-17 year olds to BE CREATIVE!

Every Wednesday 5 - 6.30pm
at **GAZEBO**
Chancel Court, 2 Wellington Road, Bilston, WV14 6AA

FREE for Wolverhampton young people!

Contact us to book your place on 01902 296199 or email info@gazebotheatre.com or just come along!*

*NB. A parent/ carer consent form will be required for those under 16 & limited places are first come first served

A colorful poster for 'GAZEBO'S SUMMER FUN'. The title is in large, bold letters. Below it, the dates '25th July - 2nd Sept 2022' are listed. The main text describes the activities: 'Gazebo are providing a fun packed summer of activities including Games, Music, Drama, Arts & Crafts, Film Making, Dance, Outdoor Sports, Gardening skills, a Climate Change Show & workshop and Circus Skills! Delivered by our fantastic team of professionals, make this a great summer of Fun, Friendship, Growing in Confidence and Learning New Skills!'. There are two small photos: one of a person on a golf course and another of a group of children. At the bottom, there is a disclaimer: 'This is a HAF funded activity, and all young people must have a HAF barcode and a completed consent form, to attend the activity, FREE packed lunches will be provided every day.' and a small illustration of a surfboard. The Gazebo logo is in the bottom right corner.

GAZEBO'S
SUMMER FUN
25th July - 2nd Sept 2022

Gazebo are providing a fun packed summer of activities including Games, Music, Drama, Arts & Crafts, Film Making, Dance, Outdoor Sports, Gardening skills, a Climate Change Show & workshop and Circus Skills! Delivered by our fantastic team of professionals, make this a great summer of Fun, Friendship, Growing in Confidence and Learning New Skills!

This is a HAF funded activity, and all young people must have a HAF barcode and a completed consent form, to attend the activity, FREE packed lunches will be provided every day.

GAZEBO



Foundation
Wolves Foundation Healthy Goals:

FREE!

EASTER
SCAVENGER HUNT

Monday 11th April, 1:00pm – 2:30pm
Children 0-4 years (Older siblings welcome)
West Park, Albert Road entrance

Join us for a special Easter themed walk around West Park, complete with scavenger hunt and special prizes for all who attend.

If you would like to join us, please contact:
jadesutton@wolves.co.uk



Presented by Premier League
CITY OF WOLVERHAMPTON COUNCIL



Prince's Trust

W CITY OF WOLVERHAMPTON COLLEGE



CHRISTMAS SOCCER SCHOOLS
NOW ON SALE

Monday 20th - Thursday 30th December*, Reception to Year 8

tickets.wolves.co.uk
*Excluding 24th - 28th December

PRE-BOOKING IS ESSENTIAL

Wolves Foundation

Wolverhampton Wanderers FC
wolves.co.uk

Provide community outreach activities including SEN Stay and Play events and the Wolves Youth Disability football scheme.

With the Princes Trust they also provide a 12-week personal development course for 16-25 year olds, offering work experience, qualifications, practical skills, community projects and a residential week.

The partnership between the Princes Trust, Football Club and Foundation enables young people to develop their self-esteem, motivation and team work skills when participating in the Team programme.



SEN
STAY AND PLAY

Come and explore, play, and make new friends in a welcoming environment.



Head
4 Health

Adventure Street

Adventure Street, near Wolverhampton, is a beautifully designed child size play town.

A great place for children bursting with imagination. Play alongside your child while they serve you barista style coffee, give you a new makeover and even tend to the horses at Baggeridge's first child sized stables.

[SEND sessions are available.](#)

Booking is essential. Call: 01902 883082





The Switch Squad is a new programme specifically designed and delivered by the team from Switch Midlands.



+



Switch Midlands

No Caps is a 'girls only group' that provides a safe space for 11-16 year olds to come together and develop trusting and positive relationships with one another.

The ethos of the group is proactive promotion of well-being and empowerment, with the approach being based on meeting the needs of each young person.

Through using shared and sociable activities – it gives an opportunity to help support the group with aspects of positive empowerment, for example topics such as personal safety, understanding consent, understanding self-worth, body positivity, the difference between positive/ negative relationships and developing life skills.

The project is led by experienced female practitioners who are trained professionals that work extensively with children and young people.

Places are limited, so please book a space in advance. For more details email hello@switchmidlands.com

Switch also offer relationship and well-being programmes for primary and secondary schools to help develop pupils into independent and caring individuals who are able to navigate life successfully, enabling them to make healthy life choices and build strong, respectful relationships with peers and adults.



Website: [Switch Midlands – #poweringpotential](https://www.switchmidlands.com/#poweringpotential)



FUNTOPIA
BIG day out for LITTLE kids

Autism Fr
Sess
10:30am-
Main
11:30am

Only £5 per

ENTS THROUGHOUT THE MID
MANCS. YORKS. LINGS. NOTTS. D
SHIRE. STAFFS. LEICS. WORCS. W
ORTHANTS. BEDS. OXFORDS &

**AUTIS
FRIEND
Session**

Follow our FB page for full event de
& ticket sales

@Funtopiauk *£5 Tickets are for the Autism Ses
Main Event tickets are priced sep

Funtopia at Walsall Arboretum 10 June

Join Funtopia's Autism Friendly session Saturday 10 June at Walsall Arboretum for an exciting day of inflatables, giant games, stage shows and sensory activities.

Tickets are £5 per child and can be ordered [via their Facebook page.](#)

Cineworld Cinema, Wednesfield Bentley Bridge

On the first Sunday of each month at 11:00am, Cineworld Cinema hosts an Autism Friendly screening of their latest children's action, adventure, animation or comedy release.

During the film lighting will be kept on, volume levels reduced and there will be no advertisements or trailers. Seating will not be allocated. Customers are allowed to bring in their own food.

Book your tickets via the [Cineworld Website.](#)



Accessible Theatre Performances

Relaxed and accessible performances for theatre lovers who have a physical disability, sight or hearing loss, or learning disabilities.

Performances available include BSL interpreted, audio described, touch tours, captioned and relaxed performances.

Grand Theatre

[upcoming performances:](#)

Sister Act

The SpongeBob Musical

The Ocean at the End of the Lane

Annie the Musical

Peter Pan Goes Wrong

Snow White Pantomime

Birmingham Hippodrome

[upcoming performances:](#)

Winnie The Pooh

Six the Musical

Disney's The Lion King

Everybody's Talking About Jamie

Charlie and the Chocolate Factory

Life of Pi

Jack and the Beanstalk

Dear Santa

